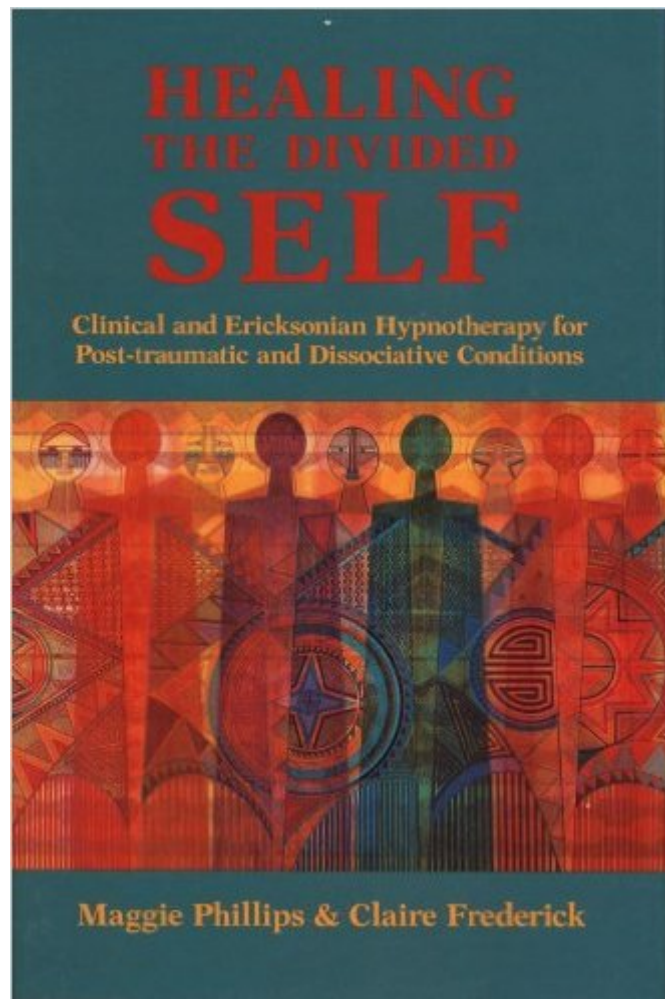


The book was found

Healing The Divided Self: Clinical And Ericksonian Hypnotherapy For Dissociative Conditions (Norton Professional Book)



Synopsis

Rich in case examples, this book provides a step-by-step guide for the use of hypnotic techniques in the treatment of the entire spectrum of dissociative disorders. The authors synthesize traditional and Ericksonian styles of hypnosis in practical methods that work consistently within their four-stage model of treatment.

Book Information

Series: Norton Professional Book

Spiral-bound: 272 pages

Publisher: W. W. Norton & Company; 1 edition (February 17, 1995)

Language: English

ISBN-10: 0393701840

ISBN-13: 978-0393701845

Product Dimensions: 6.2 x 1 x 9.2 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (3 customer reviews)

Best Sellers Rank: #247,985 in Books (See Top 100 in Books) #6 inÂ Books > Textbooks >

Medicine & Health Sciences > Alternative Medicine > Hypnotherapy #21 inÂ Books > Health,

Fitness & Dieting > Alternative Medicine > Hypnotherapy #27 inÂ Books > Health, Fitness &

Dieting > Mental Health > Dissociative Disorders

Customer Reviews

6 out 5 stars Excellent! Healing the Divided Self is a necessary resource for any therapist or student of modern psychotherapy. I also would recommend it as a textbook for advanced psychology classes. I particularly liked how Phillips and Frederick integrated ego-state therapy and hypnotherapy with other forms of therapy such as psychodynamic and cognitive-behavioral. Their use of case examples and sample scripts give the reader a sense of being in the therapy process and the ability to practice and replicate steps that initially would seem overwhelming to a novice therapist. Healing the Divided Self is a complete resource - covering the topic of dissociation and integration from diagnosis, the hypnotherapeutic relationship, the stages of personality integration, transference and countertransference issues, emergencies, the use of medication, and spirituality and the generative self. As a therapist, myself, I have found this book invaluable, not only with patients suffering with severe dissociative disorders, but with the "normal" range of daily disorienting experiences that split us from our adult achievements and confidence. Those working with less

complicated cases, or simply personnel issues, know that all of us dissociate somewhat under pressure, stress, loss, or simply having buttons pushed by parents and loved ones. Anyone interested in gaining a greater understanding the very human experience of splitting from one's central, strong self, and how to help themselves and others, will benefit from reading *Healing the Divided Self*. Neil Fiore, licensed psychologist, former president of the Northern California Society of Clinical Hypnosis and author of *The Road Back to Health: Coping with the Emotional Aspects of Cancer*. neil@neilfiore.com

This is an excellent textbook written by two medical professionals who really know their stuff. One reason I like this book is that it is steeped in the scientific literature, it is not just two people's opinions. At the same time, both authors know the subject from the inside out, so it is not just an academic treatise, it is full of good information. As a clinician in the field of hypnotherapy, I have found this textbook a valuable resource for developing a model of client care that focuses on safety, stability, and a gentle integration of old traumatic material. I use this as one of the two textbooks for the hypnotherapy training course I teach as it is so well organized and complete. In other words, if you're interested in hypnotherapy, Ericksonian or otherwise, you'll find a balanced presentation which will teach you many useful things!

I wanted to read this book to be more effective with my clients with trauma. I would suggest this book to anyone working with adults with trauma and/or high anxiety.

[Download to continue reading...](#)

Healing the Divided Self: Clinical and Ericksonian Hypnotherapy for Dissociative Conditions (Norton Professional Book) *Hypnotherapy Scripts: A Neo-Ericksonian Approach to Persuasive Healing* *The Answer Within: A Clinical Framework Of Ericksonian Hypnotherapy* *Therapeutic Trances: The Co-Operation Principle In Ericksonian Hypnotherapy* *Divided We Fall* (*Divided We Fall Trilogy*, Book 1) *ACSM's Resources for Clinical Exercise Physiology: Musculoskeletal, Neuromuscular, Neoplastic, Immunologic and Hematologic Conditions* (*Acsms Resources for the Clinical Exercise Physiology*) *Master Self-Discipline: Simple and Effective Steps to Develop Self Discipline, Get Organized, and Make Things Happen!* (*Willpower, Stress Management, Self ...* (*Self Improvement And Motivational Book 1*) *The Psychobiology of Mind-body Healing: New Concepts of Therapeutic Hypnosis* (A Norton professional book) *Teaching Self-Hypnosis: Introductory Guide for Clinicians* (A Norton professional book) *Hypnosis in Clinical Practice: Steps for Mastering Hypnotherapy* *Clinical Hypnotherapy: A Transpersonal Approach, Second Edition* *The Practice of Cognitive-Behavioural*

Hypnotherapy: A Manual for Evidence-Based Clinical Hypnosis The Norton Anthology of English Literature, Volume 2: The Romantic Period through the Twentieth Century (Norton Anthology of English Literature) LANGE Instant Access Hospital Admissions: Essential Evidence-Based Orders for Common Clinical Conditions Crystal Healing: How crystal healing works, crystal therapy, the human energy field, gemstones, and how to use crystals for healing and increased energy! Healing Scriptures for a Broken Heart: Experience Emotional Healing and Healing the Wounds of the Past Healing Scriptures: 300 Healing Bible Verses on the Proven Healing Promises from God's Word Self-Healing with Sound and Music: Revitalize Your Body and Mind with Proven Sound-Healing Tools Crystal Wisdom Healing Oracle: 50 Oracle Cards for Healing, Self Understanding and Divination Ericksonian Hypnosis Cards-Salad: do what you love

[Dmca](#)